

Disaster Preparedness and Response

Building Capacity – A Case for Care Integration

August 9–10, 2018

San Juan Sheraton Hotel

San Juan, Puerto Rico

THURSDAY

8:45–9:00 AM

Miramar Salon 1–3

Introductions

SPEAKERS

- Honorable Rafael Rodríguez-Mercado, Secretary of Health of Puerto Rico
- Academia de Directores Médicos de Puerto Rico
- Disaster Psychiatry Outreach
- Vibrant Emotional Health

9:00–10:45 AM

Miramar Salon 1–3

Opening Plenary: Puerto Rico – Rebuilding and Recovery

SPEAKERS

- Dr. Angel Braña-Lopez, Co-founder Puerto Rico Academy of Medical Directors, Inc. (Academia de Directores Médicos de Puerto Rico)
- Ms. Suzanne Raig Fierres, Administradora ASSMCA Mental Health and Substance Abuse Services Administration
- Ms. Angela Avila, Executive Director ASES, PR Administration for Health Insurance
- Dr. Rafael Torregrosa, President of Multisectoral Council of Puerto Rico Health System – Integrated Health Care
- Mr. Roberto Pardo, President, MSC Advantage and MSC Life Insurance Company, Health Sector Coordinating Council Leader Puerto Rico Business Emergency Operations Center (BEOC)
- Jason Helgerson, former NY State Medicaid Director, Helgerson Solutions Group

LEARNING OBJECTIVES

Navigating the Puerto Rico experience. Stepping outside the political and historical boundaries. Framing current experience and learnings. Addressing the overall theme of “Rebuilding Better,” exploring the case for integration. Discussion of collaboration and opportunities from experience gained over the past year. “Bright Spotting” – examples of success and progress.

CONCURRENT SESSIONS

10:45 AM–12:30 PM
Laguna I

Integration Modules

A1. Opioid Crisis, Substance Use Issues in Context of Disaster and Recovery

SPEAKERS

- Dr. Charles Neighbors, Center on Addiction, NY
- Dr. Andrew Talal, GI, University at Buffalo, NY
- Dr. Angel González, SAND
- Dr. Carmen Albizu-García, Department of Health Services Administration, Puerto Rico Graduate School of Public Health

LEARNING OBJECTIVES

A Shared Crisis – learning from addressing HIV/AIDS/Hep C. Highlighting technology and medical behavioral integration.

10:45 AM–12:30 PM
Laguna II

A2. Resource Advocacy: Total Cost of Care – Smart Resource Utilization

SPEAKERS

- Jason Helgerson, former Director of NY State Medicaid, Helgerson Solutions Group
- Kiara Alvarez, PhD Disparities Research Unit, Department of Medicine, Massachusetts General Hospital and Harvard Medical School, Boston, MA
- Ms. Angela Avila, Executive Director ASES – PR Administration for Health Insurance
- Dr. Horiberto Marín, RCM University of Puerto Rico

LEARNING OBJECTIVES

Discuss how outcomes lead us to behavioral health as an important tool to drive smart resource utilization.

10:45AM-12:30PM
Bahia I

A3. FQHCs: Integration at Work – Leveraging Psychologists, Telehealth, ECHO model

SPEAKERS

- Dr. Angel Brana-Lopez, co-founder Puerto Rico Academy of Medical Directors, Inc. (Academia de Directores Médicos de Puerto Rico)
- Alicia Suárez Executive Director, Puerto Rico Primary Care Association
- Dr. Victoria Frehe-Torres, Director of Behavioral Health, Healthcare Network of Southwest Florida
- Dr. Luis Manuel Roman, SANOS CHC

LEARNING OBJECTIVES

Integration at work – past, present and future of FQHCs (Federally Qualified Health Centers) as sites of integrated care. Role in training of the next generation of providers and promotion of the integrated care model.

10:45AM-12:30PM
San Geronimo



A5. Screening Tools in Primary Care: Screening Tools to Promote Integration

SPEAKERS

- Lisa R. Fortuna, MD, MPH, Medical Director, Child and Adolescent Psychiatry Boston Medical Center, Co-Director, TEAM UP for Children
- José L. Massa-Tormas, MD, VP of Medical Affairs, Quality – APS
- Kathryn Salisbury, PhD, Executive Vice President of Strategy and Business Development, Vibrant Emotional Health

LEARNING OBJECTIVES

Screening tools help us gather key information to initiate action, measure success and promote interoperability. Explore tools and methods that help providers cope with increasing need for consistency and need to demonstrate measurable impact.

10:45AM-12:30PM
Bahia II

A4. Veteran's Administration Integrated Responso and Experience

SPEAKERS

- Dr. Maria L. Rojas-Robanillo, MD, FAPA, Associate Chief of Staff for Behavioral Health Sciences, VA Caribbean Health Care System, San Juan PR
- Dr. Shaikat Khan, CT Psychiatric Society, President
- Dr. Alberto M. Varola FAPA, CEO INSPIRA Mental Health

LEARNING OBJECTIVES

Integration at work – the history and the future of VAs as sites of integrated care and role in disaster preparedness and response. Veterans experience as advocates and part of the system of care.

12:30-1:30PM
Miramar Salon 4

1:30-2:45PM
Miramar Salon 1-3

Lunch

Plenary: Systems and Trauma: Centering Care on Children and Families and the Real Cost of Inaction

SPEAKERS

- Jason Helgerson, former Director of NY State Medicaid, Helgerson Solutions Group
- Dr. Frederick Stoddard, Consulting Psychiatrist, Chief of Psychiatry, Emantus, The Shriners Hospital for Children-Boston
- Juliette Price – The Albany Promise Cradle to Career Partnership
- Mr. Ricardo Rivera, Chief Business Development Officer, SOMOS IPA, NY
- Clara Alvarez, PhD Disparities Research Unit, Department of Medicine, Boston

LEARNING OBJECTIVES

Data and the need of addressing the needs of children and families post crisis and day to day. The real costs of inaction – human and financial. Explore complex interrelation between immediate needs vs. long term investment in whole family health in times of limited resources and crisis.

Ursano
Robert Ursano
Textbook on Disaster Psychiatry

2:45-3:15 PM
Miramar Salon 1-3

Plenary: Data Driving Systems

SPEAKERS

- Dr. Angel Brana, co-founder Puerto Rico Academy of Medical Directors, Inc. (Academia de Directores Médicos de Puerto Rico)

 Dennis O. Romero SAMHSA, Regional Administrator, DHHS Region II

- Dr. Richard Shinto, CEO MMM

LEARNING OBJECTIVES

Data, information and knowledge — how do we move swiftly to shape policy.

3:30-5:00 PM
Laguna II

B2. Peers: Advocacy, Engagement and Beyond

SPEAKERS

- Dennis O. Romero SAMHSA, Regional Administrator, DHHS Region II
- Mr. Juan Velez, STR-PR Peers Coordinator
-  Ms. Celeni Rodriguez, STR-PR Project Director
- Terriell Peters, Project Manager Outreach & Linkage to Care: The Alliance for Positive Change, NYC

LEARNING OBJECTIVES

Peers (those with lived experience of dealing with family, emotional and other health issues) are increasingly entering the health care system as the most effective staff to engage and turn around some of the most difficult situations facing members of the community. What is the data and business case for building out a Peer workforce? Who and how much should we pay for these services? What is the career ladder for this growing workforce?

CONCURRENT SESSIONS

3:30-5:00 PM
Laguna I

Systems Modules

B1. How Do We Measure Success: Understanding Contracts and Risk — Path to Value Based Contracting

SPEAKERS

- Dr. Charles Neighbors, Center on Addiction, NY
- Lisa R. Fortuna, MD, MPH, Medical Director Child and Adolescent Psychiatry Boston Medical Center; Co-Director, TEAM UP for Children
- Alexandra Damiron, Chief of Staff & Executive VP of Operations SOMOS IPA, NY
- Awilda Broco (or designee), CEO FHC

LEARNING OBJECTIVES

Connecting standard measures and Impact on Total Cost of Care for Depression, Anxiety, Alcohol, Opioids, Sloop. From clinical scenario to CPT coding and more. Building Quality Framework. Explore Medical Economics models and credible sources. Opportunity to network and align with payers.

3:30-5:00 PM
Bahia I

B3. NGOs: A Part of the Solution and Sustainability

SPEAKERS

- Dr. Nolida Rivera, Executive Director, Puerto Rico Academy of Medical Directors, Inc. (Academia de Directores Médicos de Puerto Rico)
- Dr. Carissa Caban-Aleman, CrearConSalud
- Justo Méndez Arámburu, Coordinador General VAMOS Puerto
- Raul Pineda, Americanos
- Zulma Rivera, Community Mambor, Advocate, Responder

LEARNING OBJECTIVES

How NGOs are actively dealing with the crisis by stretching and pooling resources with sustainability in their sights. Relating the well-meaning efforts to struggles of ordinary Puerto Rican's doing extraordinary things.

SAMDA

Subst abuse & mental health data archive

Private SAMHSA access needed

3:30-5:00 PM
Bahia II

B4. Practical and Policy Barriers to Integration and How to Build Bridges

SPEAKERS

- Dr. Angel Brana, co-founder Puerto Rico Academy of Medical Directors, Inc. (Academia de Directores Médicos de Puerto Rico)
- Dr. Alberto M. Varela FAPA, CEO INSPIRA Mental Health
- José L. Massa-Tormos, MD, VP of Medical Affairs, APS
- Dr. Sarah Huertas, Psychiatrist, Multisectoral Council of Puerto Rico Health System

LEARNING OBJECTIVES

Day to day experience of community providers. Successes and opportunities. Good intentions and real barriers to seamless systems.

3:30-5:00 PM
San Geronimo



B5. Disability: Additional Preparation, Access and Support Considerations for the Individual and Families

SPEAKERS

- Marlee Roth, CEO Partnership for Inclusive Disaster Strategies
- Mrs. Celia Galan, APNI Executive Director
- Merrill A. Friedman, AmeriGroup
- Dalimarie Perez, MPA, MSW, VP of Clinical Affairs, FHC

LEARNING OBJECTIVES

Caregivers and individuals that are disconnected from established sources of assistance and support are even more vulnerable in stressed and systems. Preparation and skills training for the family unit and more.

5:00-8:30 PM
Miramar Salon 1-3

Making Art: Plena

SPEAKERS

- Jibaros PR, Plena Dancers – Stories

LEARNING OBJECTIVES

Personal and group stories on recovery and their role in helping the community regain the sense of self.

FRIDAY

9:00-10:30 AM
Miramar Salon 1-3

Pionary Session: Rebuilding Better – Models of Care, Building a Learning Community

SPEAKERS

- Dr. Angel Brana, co-founder Puerto Rico Academy of Medical Directors, Inc. (Academia de Directores Médicos de Puerto Rico)
- Jonathan Torres, PhD, Mental Health Team, NY Foundling
- Lisa R. Fortuna, MD, MPH Medical Director Child and Adolescent Psychiatry Boston Medical Center Co-Director, TEAM UP for Children
- Dr. Jan Schuatz-Mueller, Mount Sinai Hospital, co-Director of Fellowship in Global Mental Health
- Dr. Mildred Vera, School of Public Health, Collaborative Care

LEARNING OBJECTIVES

From telehealth to integrated care clinics to virtual care tools. The why and how of implementation. Rebuilding Better.

CONCURRENT SESSIONS

10:45 AM-12:00 PM
Laguna I

Building Toolbox Modules

C1. Psychological First Aid and Mental Health First Aid

SPEAKERS

- April Natale Ph.D. Senior Technical Specialist, ICF
- Hilda Marie, M.A. Program Director Center for Policy, Advocacy & Education
- Dr. Shaikat Khan, CT Psychiatric Society President
- Dr. Mariveliz Cabán Montalvo, American Red Cross, Volunteer

LEARNING OBJECTIVES

Real world use and applicability of Psychological First Aid, Mental Health First Aid and other manualized Emotional Health and resiliency tools for broad audiences – where to learn and what to look for.

10:45AM-12:00PM
Laguna II

C2. Disaster Mental Health: Risk Communications

SPEAKERS

- Dr. Vincent Cavella, Director, Center for Risk Communication

LEARNING OBJECTIVES

Participants will understand basic principles guiding communications after a disaster to increase likelihood of staying on effective message and promote action.

10:45AM-12:00PM
Bahia I

C3. Integrating Suicide Prevention through the Continuum of Care: Zero Suicide Initiative

SPEAKERS

- Kimberly Williams, LMSW, CEO Vibrant Emotional Health, NY
- Mike Hogan, PhD, former New York State Commissioner of Mental Health, Hogan Health Solutions, LLC
- Ada Roja, Suicide Prevention Council of Puerto Rico
- Heidi L. Kar, PhD, MHS, Lead, Violence Prevention, Education Development Center, Inc. (EDC)

LEARNING OBJECTIVES

Understanding Zero Suicide Initiative.

10:45AM-12:00PM
Bahia II

C4. Special Populations – Children and the Elderly

SPEAKERS

- Dr. Frederick Stoddard, Consulting Psychiatrist, Chief of Psychiatry, Emeritus, The Shriners Hospital for Children-Boston
- Juliette Price, The Albany Promise Cradle to Career Partnership
- Dr. Raul Montalvo-Orosin, MMM

LEARNING OBJECTIVES

Existing models and new ideas – reciprocal caregiving? Where children and the elderly can help each other with safety and meaning. Young children and the elderly are examples of developmentally vulnerable populations needing mitigation of trauma. Specific intervention modules enhance their resilience.

10:45AM-12:00PM
San Geronimo

C5. Playing a Critical Role in Complex Systems: Nurses as Carogivers and Administrators

SPEAKERS

- Dr. Linda Paradiso DNP, RN, NPP, NEA-BC, New York City College of Technology, CUNY



- Jorge Lopés, RN, New York Foundling PR

LEARNING OBJECTIVES

Understand the basic requirements of utilizing the nursing process to provide rapid assessment, triage and intervention, and evaluation to meet the immediate basic needs of people during a disaster. Understand the importance of empowering survivors to participate and advocate for their own health and well-being. Understand the importance of ongoing participation in recovery phase and ongoing restoration of health.

12:00-1:00PM
Miramar 4

Lunch

CONCURRENT
SESSIONS

Building Community Modules

1:00-2:30PM
Laguna I

D1. Coping with Loss: Role of Faith and Tradition – Faith-Based Network as Entry into Wellness

SPEAKERS

- Hilaa Marie, MA, Program Director Center for Policy, Advocacy & Education
- Lisa R. Fortuna, MD, MPH, Medical Director Child and Adolescent Psychiatry Boston Medical Center; Co-Director, TEAM UP for Children

LEARNING OBJECTIVES

Faith and faith-based organizations, role of tradition in integrated response post disaster and disrupted environments (such as significant personal loss).

1:00–2:30 PM
Laguna II

D2. Puerto Rican Diaspora: Reaching Out and Reaching In

SPEAKERS

- Corissa Caban-Aleman, CrearConSalud
- San Juan Batista School of Medicine, Research on Diaspora
 - Elsa Rodríguez, MS-4
 - Melissa Millán, BSN-4
 - Dr. Grisela Burgos, Faculty Advisor
- Dr. Vanessa Torres-Ulenza, Board Chair of CrearConSalud

LEARNING OBJECTIVES

Issues of care and self-care in communities close and far.

1:00–2:30 PM
Bahia I

D3. Collaborative Care Model: PR Experience

SPEAKERS

- Dr. Sarah Huertas, Multisectoral Council of Puerto Rico Health System
- Dr. Mildred Vera, School of Public Health, Collaborative Care

LEARNING OBJECTIVES

Collaborative Care Model – research and implementation experience.

1:00–2:30 PM
Bahia II

D4. Training the Next Generation of Providers: Innovation in the field – How to Create and Support a Resilient Workforce

SPEAKERS

- Dr. Angel Brana, co-founder Puerto Rico Academy of Medical Directors, Inc. (Academia de Directores Médicos de Puerto Rico)
- Dr. Linda Paradiso DNP, RN, NPP, NEA-BC, New York City College of Technology-CUNY
- Dr. Victoria Frehe-Torres, Director of Behavioral Health, Healthcare Network of Southwest Florida
- Dr. Jan Schuetz-Mueller, Mount Sinai Hospital, co-Director of Fellowship in Global Mental Health

LEARNING OBJECTIVES

Global Mental Health – from Sri Lanka to Liberia and Puerto Rico and beyond – raising local mental health network capacity via on-site and remote health training and support. Remote solutions as tools for integrated delivery and support.

1:00–2:30 PM
San Gerónimo

D5. Role of Crisis Lines as Part of an Integrated Toolbox

SPEAKERS

- Shari Snowolski, Assistant Director of the National Suicide Prevention Lifeline
- Dr. Gerardo Allende-Santos, Director Línea PAS
- Christian Burgess, Director, Disaster Distress Helpline, Vibrant Emotional Health

LEARNING OBJECTIVES

Crisis lines are increasingly well known and accessed by those seeking help. We will discuss refinement of the tools and expanding the ways to access (including web and chat), standardizing approach and outcome tracking – looking toward the future.

1:00–2:30 PM
Concurrent Sessions

Building Community Modules

2:45–4:00 PM

Closing Plenary: Call to Action

SPEAKERS

- Jason Helgeson
- Andrew Natsios, Former Administrator of USAID – Telebridge
- Dr. Rafael Torregrosa, President of Multisectoral Council of Puerto Rico Health System
- Dr. Sarah Huertas, Psychiatrist Multisectoral Council of Puerto Rico Health System

LEARNING OUTCOMES

Discussion of learning points from Plenary and Break Out sessions. Where do we go from here?

4:00–5:00 PM

Networking



1995

Certificate of Appreciation

Awarded to

Dr. Linda Paradiso

In recognition of your valuable support and contribution
To the Success of the Symposium

***“Disaster Preparedness and Response: Building Capacity –
A Case for Care Integration”***

Sheraton Puerto Rico Hotel and Casino
August 9 & 10, 2018

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